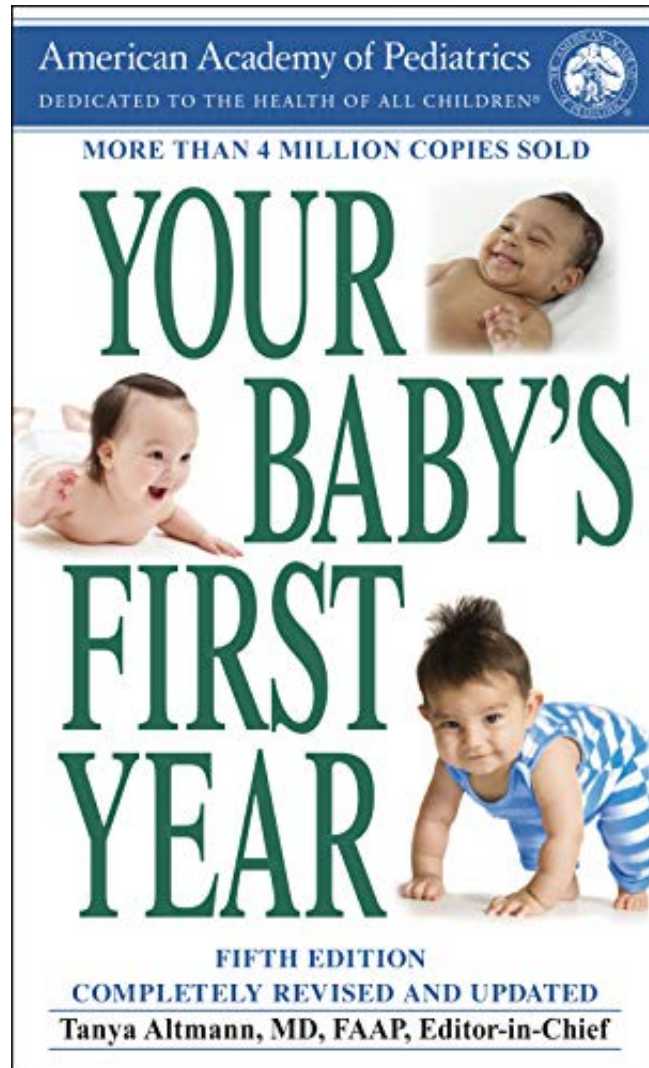


Your Baby's First Year

by

American Academy of Pediatrics



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Synopsis

"Your Baby's First Year, now fully revised and updated, provides authoritative advice on every aspect of newborn and infant care, including

- Guidelines for prenatal and newborn care, including screening tests during pregnancy
- Milestones for physical, emotional, social, and cognitive growth, as well as visual, hearing, language, and movement milestones
- Cutting-edge research on early brain development and how babies and young children think
- A complete health encyclopedia covering injuries, illnesses, and congenital diseases
- An in-depth discussion on breastfeeding, including its benefits, techniques, and challenges
- Revised nutrition recommendations, including the importance of early introduction of allergenic foods, and obesity prevention tips
- Tips for choosing child care programs
- Updated safety standards including CPR instruction, safe sleep, childproofing tips, car safety seats, and toy safety
- Safety checks for home, including bathing, preventing drowning, poisoning, choking, burns, and falls

What people say about this book

Ozzy, "Wow!! Baby Manual!. Unbelievable! This is one of the best books I have ever bought. Other parenting books tend to apply to your emotions with the words like "this is the most amazing time of your life" etc. etc. I know that. Tell me what I should do, or tell me what's normal without playing to my emotions. Other books use a lot of words for simple advices. Use clear words, give me clear and detailed instructions! This book does that. I seriously think that this book should be given to you when you have a baby, by default. If you are looking for a manual book, you found it! One minor complaint: Some people exaggerated that the print is too small to use. It's small, but it's not something that can affect your reading drastically. I would say the size of the book is close to the airport style thick and small lettered novels."

BoredAardvarkBFF, "fantastic. This is a fantastic book. Even having read so much from other sources already, I learn a great deal on each and every page of this book. Also, people complaining about the font size are being ridiculous. To publish a book of this size at this price point, you need to reduce the size of the font. It's still only slightly smaller than the size of a normal paperback font."

TONI L, "BEST Book 4 New Parents!. Buy this book as tells you Everything You Want To Know! Know at least 15 Mothers who used it as their "Go-To" for Information"

Anne Beckerle, "A must have for every new parent!. LOVE this book. I refer to it constantly!! It has so much information and presents the content in a logical and easy to understand manner."

Mrs.M, "Must have for new mom's!. This book informed you about things that you aren't so sure about and more importantly things that you aren't aware of that you may encounter with baby!"

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