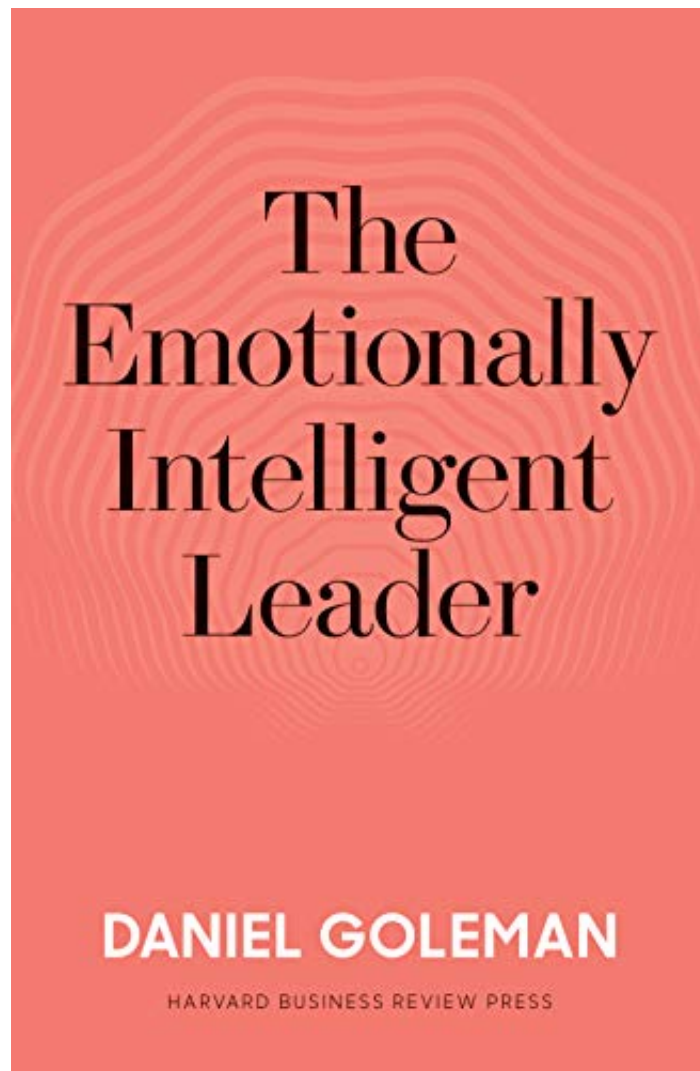


The Emotionally Intelligent Leader

by

Daniel Goleman



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Synopsis

Become a Better Leader by Improving Your Emotional Intelligence

Bestselling author DANIEL GOLEMAN first brought the concept of emotional intelligence (EI) to the forefront of business through his articles in Harvard Business Review, establishing EI as an indispensable trait for leaders. The Emotionally Intelligent Leader brings together three of Goleman's bestselling HBR articles. In "What Makes a Leader?" Goleman explores research that found that truly effective leaders are distinguished by high levels of self-awareness and sharp social skills. In "The Focused Leader," Goleman explains neuroscience research that proves that "being focused" is more than filtering out distractions while concentrating on one thing. In "Leadership That Gets Results," Goleman draws on research to outline six distinct leadership styles, each one springing from different components of emotional intelligence. Together, these three articles guide leaders to recognize the direct ties between EI and measurable business results.

Sort review

About the Author Daniel Goleman is Co-Director of the Consortium for Research on Emotional Intelligence in Organizations at Rutgers University; coauthor of *Primal Leadership: Unleashing the Power of Emotional Intelligence*; and author of *The Brain and Emotional Intelligence: New Insights*, *Leadership: Selected Writings*, and *A Force For Good: The Dalai Lama's Vision for Our World*. His latest book is *Altered Traits: Science Reveals How Meditation Changes Your Mind, Brain, and Body*. Visit the author at: danielgoleman.info LinkedIn: [linkedin.com/in/danielgoleman](https://www.linkedin.com/in/danielgoleman) Twitter: twitter.com/DanielGolemanEI?ref_src=twsrc%5Egoogle%7Ctwcamp%5Eserp%7Ctwgr%5Eauthor--This text refers to the hardcover edition.

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What people say about this book

Yanick, "Good Book. If you haven't read Daniel Goldman's original book. I recommend you get that book. However, this is a very helpful easy to read book that goes more in depth of core concepts of Emotional Intelligence."

Music is fun, "Good points!. Quick read. Best in the series."

mushpip, "An easy read. An easy read, great for what I wanted. Relatable examples. Perfect"

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