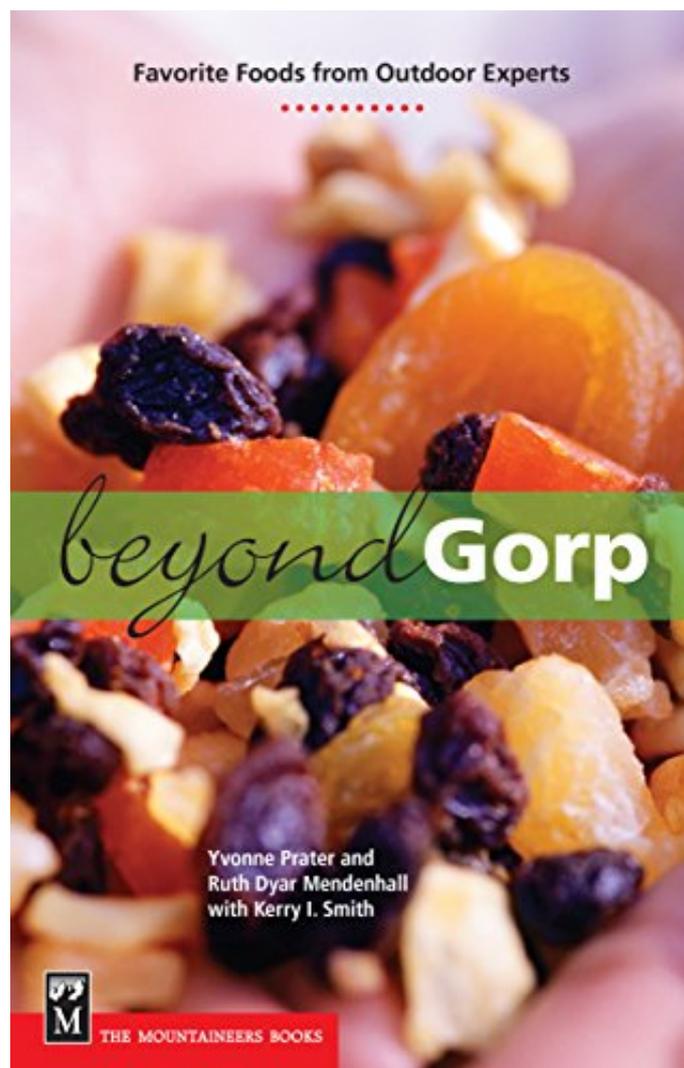


Beyond Gorp: Favorite Foods from Outdoor Experts

by
Yvonne Prater



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Synopsis

* 133 recipes for camping and backpacking* Stories behind the recipes and the people who contributed them* Includes tips on outdoor cooking basics, food drying techniques, and trail food loreSome of the recipes in *Beyond Gorp* are prized for their camping and backpacking practicality. These include food such as Lead Bread (a brick-like loaf that will keep indefinitely and survive even an air drop). But then there are gourmet offerings (Cashew-Ginger Chicken and Rice and Trail Tiramisu) and ideas on preparing wild foods (Cooked Stinging Nettles).This cookbook is as much about the people behind the recipes and their adventures -- and misadventures -- in the outdoors. Hear the stories behind the titling of Angry Moose Scrambled Eggs and Poison Ivy Pesto with Shrimp. Learn why outdoor writer Tim Cahill needs Fat Cocoa to guarantee a warm night's sleep; understand the expedition fare philosophy of mountaineer Jim Whittaker; and why Celebration Cous Cous was special for writer-conservationists Laura and Guy Waterman. Each of these recipes has been tested by Mountaineers Books staff and friends.

What people say about this book

Laurie Ann March, "Excellent Book. I tested the recipes in this book to quite an extent and really enjoyed the recipes. I would highly recommend adding this to your collection. The only thing I didn't like was that the name of the person who submitted the recipe was more prominent than the recipe title."

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