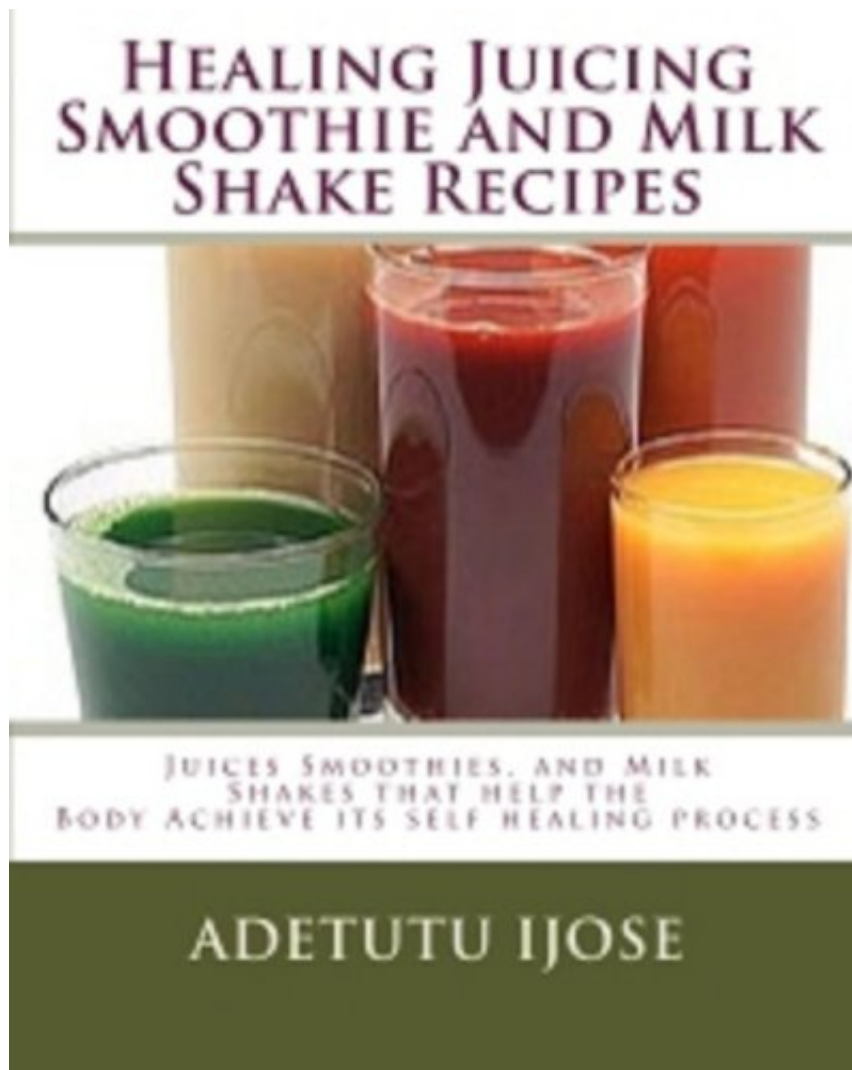


Healing Juicing Smoothie and Milk Shake Recipes

by

Alla Sacharow



DOWNLOAD E-BOOK

Synopsis

This book contains about 40 recipes to help you prepare juices, smoothies and milk shakes that help the body achieve its self healing process. These are all unique recipes that the whole family will enjoy and they provide a delicious way to get your children to eat their fruits and vegetables. Each recipe provides a unique blend of fruits and vegetables. Enjoy

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