

# The Complete Cookbook for Busy Moms on Weeknight: 130 Suppers Your Family Will Love

by  
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## **Synopsis**

A taste tempting assortment of family-friendly, quick-and-easy, and wholesome meals for the entire family features 130 recipes for dishes designed to appeal to both picky youngsters and their parents that can be prepared with a minimum of time and fuss, accompanied by simple menu plans, complete grocery lists, and nutritional analyses.



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