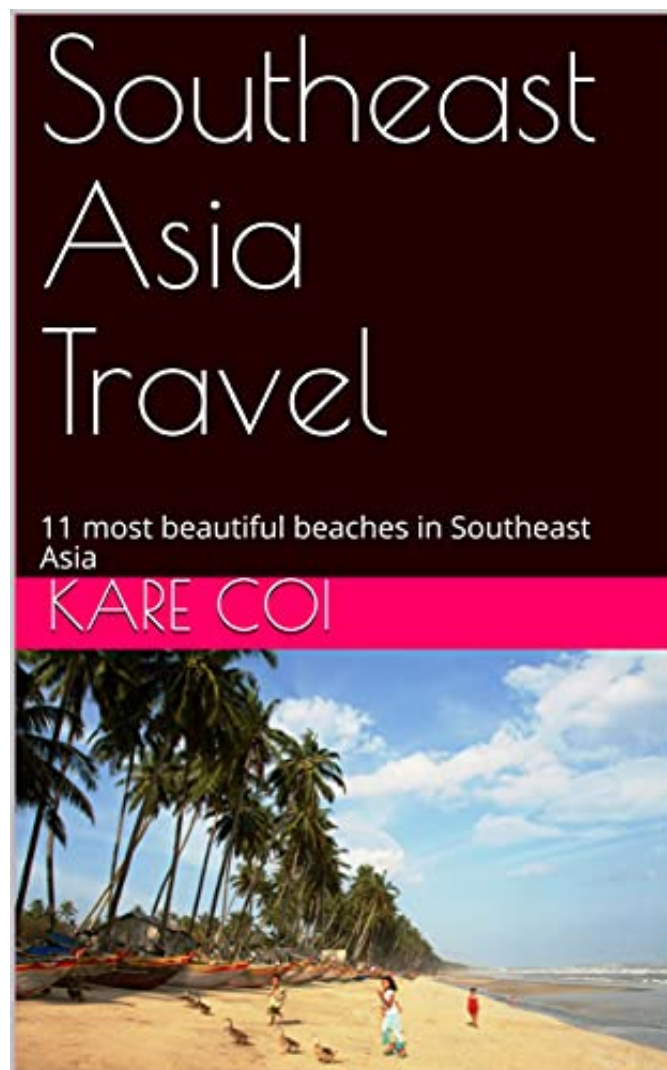


Southeast Asia Travel: 11 most beautiful beaches in Southeast Asia

by

Kidada Jones



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Synopsis

Small beaches with endless stretches of white sand, separate from crowded residential areas, attract many tourists who are passionate about discovering strange lands. Here are the 11 most beautiful beaches in Southeast Asia voted by Canadian Traveler¹. Ko Lipe, Thailand². Mui Ne, Vietnam³. Tanjung Rhu, Malaysia⁴. Menjangan, Indonesia⁵. Ko Yung, Thailand⁶. Koh Rong, Cambodia⁷. Coron, Philippines⁸. Kuta, Lombok, Indonesia⁹. Camiguin, Philippines¹⁰. Gili Trawangan, Indonesia¹¹. Ko Phangan, Thailand

Sort review

“A ton of fun, full of adventure, wisdom, and power! You’ll want to return to School of Awake again and again, and you’ll always discover something new. Enjoy!”— Rashida Jones, from the foreword
“Lessons include mindfulness exercises, reflective writing activities, yoga poses, and affirmations, along with several activities that help inspire mental and emotional well-being. . . . it also gets practical, addressing bullying, crushes, and learning how to be a good friend. The coolest thing about this book is that none of the activities involve using social media, leaving readers to truly tap into the creative, undistracted self. Despite the subtitle, this book’s affirming messages can serve diverse genders.”— Kirkus Reviews
“Kidada Jones packs a lot of wisdom into School Of Awake, a guide through adolescence. Unlike other guides for girls, which can be preachy or trite, this one is candid and straightforward, using language that girls can relate to, and soft illustrations that pull you through every chapter. Jones covers everything from mindfulness to manners. Get this for your tweens and teens.”— Asbury Park Press (part of the USA Today network)
“School of Awake, it has to be said, is an extraordinary book on every level. . . . Finally we have an example of a wonderful piece of inspirational guidance that finally speaks the same language as its intended readership — one that breaks the mold and offers something genuinely different, new, and exciting. . . . School of Awake is a joyous, heart-warming and thoroughly energizing publication which brings to the world a genuinely valuable contribution to modern spirituality. I enjoyed reading it immensely — and it’s not even targeted at my demographic!”— Spirituality Today--This text refers to the paperback edition.
About the Author
Kidada Jones has worked as a model, fashion designer, stylist, and product designer throughout pop culture. She has worked with Vibe magazine; Disney; Tommy Hilfiger; Hasbro; and many other fashion and cultural icons. She also volunteers as a mentor with young girls, helping them build self-esteem and confidence.
Born and raised in Southern California, Koa Jones grew up with art in her heart and an affinity for drawing and painting. As a young girl she struggled with shyness and finding her voice, but when Kidada asked her to be a part of this incredible book, Koa jumped at the chance. Koa lives with her two children, Renzo and Linnea in Woodland Hills, CA
Rashida Jones is an actress who lives in California. --This text refers to the paperback edition.

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