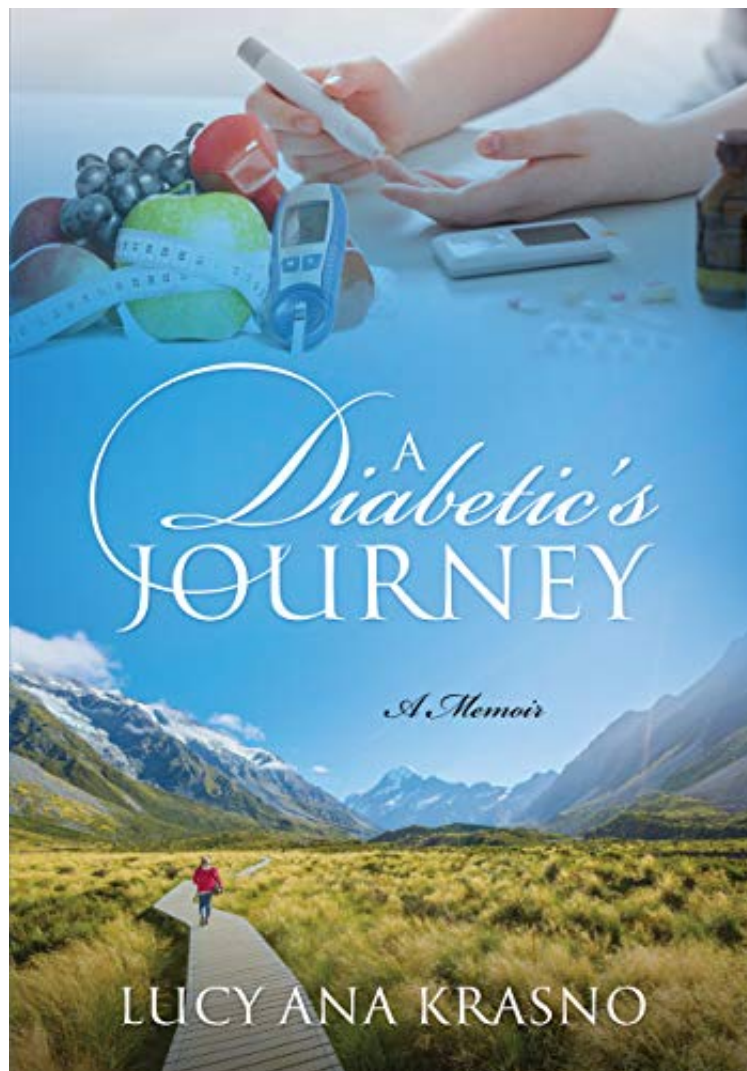


# A Diabetic's Journey: A Memoir

by

Lucy Ana Krasno



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## **Synopsis**

We often hear about Diabetes in the news or from other sources, but often don't understand the entire scope of the condition. Diagnosed with Diabetes Mellitus Type 1 in 1964, Lucy's story provides an emotional and detailed first -hand account of her diabetic journey. The memoir candidly reveals diabetic effects managing the condition as well as impacts with school, infections, stress, friends, peer-pressure, dating, marriage, career, caregiving and the continuous desire to be normal.





































## What people say about this book

Anne Behan, "Educational and Well Written book on Diabetes. I bought this book as a gift for my mom and here is her review: A Diabetic's Journey is an excellent book. Lucy was diagnosed with an autoimmune condition called Diabetes Mellitus Type 1 when she was 3 years old, a toddler , "imagine". It is well written because she describes this awful disease in detail from a young child to adult who is now over 50 years old. She has suffered much because of this disease and is still suffering along with her wonderful mother who also became diabetic in her later years. This is an educational book to read for everyone especially people who are suffering from diabetes, maybe they can learn something and help each other out or give their advice. This disease can give you heart disease, tonsil infections high blood pressure, hypothyroidism, shingles, cataracts, etc. Lucy was rushed to ER many times. Her mother was her help and is the rock in her life. Thank you Lucy for having the courage in writing your memoir and hope for a cure!"

Lori B Furusho, "You too can live your life and do the right thing and remember you are enough! And you do matter!!!. This book is amazing. It gives the reader such a clear view of a diabetic Life. Both as a child, teenager and adult. It is hopeful yet talks about the lows and highs that every diabetic goes through. It is insightful as well as a good read. I could not put it down and thoroughly enjoyed it. It gives us all hope and love to enjoy our coming years. I struggle every day to do the right thing. This book gives me the courage to continue through my journey!!"

Victor J Bucharew, "A great book to read.. This author described the many challenges she when through during her life dealing with diabetes.She is hoping that a cure will be found. This book is a "must read" for others who are dealing withdiabetes. I enjoyed this inspiring book."

P. Rogers, "Diabetes. Can't wait to finish"

Vera P in FL, "A Must Read. Lucy's story is moving as well as heart wrenching. Growing up as a diabetic child was not easy; especially in the 1960's. Having a potentially fatal condition that she was expected to keep under wrap. This book was quite an eye opener for me. I never imagined the day to day struggles of managing blood sugar levels. It was quite impressive how Lucy as a young person secretly managed her diabetes. Her love and support from her late grandmother and mother were instrumental in her survival.This book is an easy read and kept my interest throughout. The author brings to our attention how difficult it is to live with diabetes in everyday situations. Things we as non-diabetics take for granted."

patty, "Beautiful insightful book for everyone. This is a beautifully written and insightful book for everyone, not just diabetics! True to life, conversational and impactful!!!!Michael Reilly MD"

patty, "Great Book! A must read for every family. This is a very insightful, impactful read - beautifully written. I highly recommend this book for everyone. Michael Reilly M.D."

Natalie Siwec, "A Diabetic's MUST READ. This was a great, inspirational book on the struggles of living with diabetes and the search for a cure. Thank you to the author for writing this! Anyone looking for comfort and support with diabetes must read this book."

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