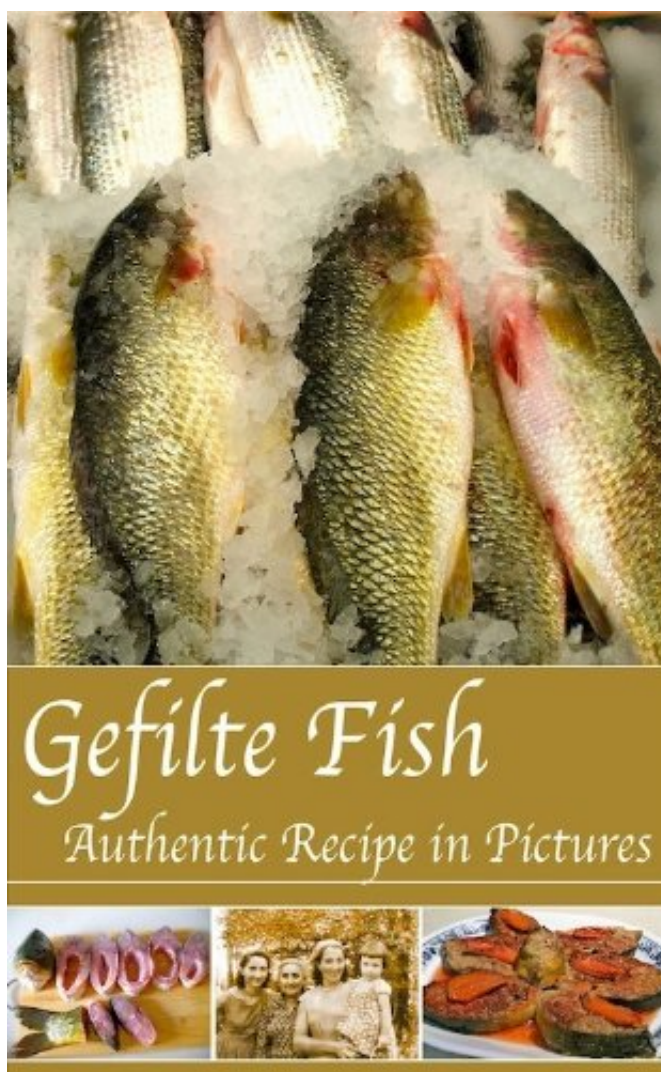


# Gefilte Fish: Authentic Recipe in Pictures (Gefilte Fish for Neshama)

*by*  
**Anna Shvets**



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## Synopsis

Gefilte Fish, a popular subject for jokes among American Jews, has taken on a new spin with *Gefilte Fish for Neshama* — a book written and designed by Anna Shvets. Anna introduces us to a rare Litvak version of the authentic Gefilte Fish — a culinary delight, which she believes is capable of making its way to the heart of the toughest food critic, not to mention an average American Jew. We can witness a culinary journey of one Israeli carp leading to its dramatic metamorphosis into an appetizing Gefilte Fish dish, all in the backdrop of the beautiful landscapes of Holy Land. The book inspires us to revive the culinary tradition and to become fearless Gefilte Fish converts in this day and age. *Gefilte Fish for Neshama* is going to be available on Ebook Tops.com, in Barnes & Noble (US), and Chapters (Canada) starting October 2012. *Gefilte Fish: Authentic Recipe in Pictures* is a preview — a bite size sample of Gefilte Fish for Neshama that includes the entire Litvak style recipe — available now exclusively on Ebook Tops Kindle.



## **What people say about this book**

David Jeffrey Lltvak, "Something is Very Fishy About This Book. Even though I don't cook, I loved this book! It is very informative and features gorgeous photographs of Israel and some very fishy photographs as well (which you can see on the cover).But this book is not only about fish- it also about tradition. It is the inspiring story of how a recipe for Gefilte Fish was passed on in one family through a generation of women. There is nothing fishy about that!"

psplanter, "Recipes, Traditions, and Great Photos. This book is more than just a recipe book. The author talks about her family's traditions surrounding gefilte fish. This book is worth buying just for the photography..."

Jeremy Board, "An authentic fish recipe. As someone who enjoys fishing it's great to buy an authentic fish recipe that's rooted in tradition and reflects an appreciation of nature and quality ingredients. Well written, great photography too."

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