

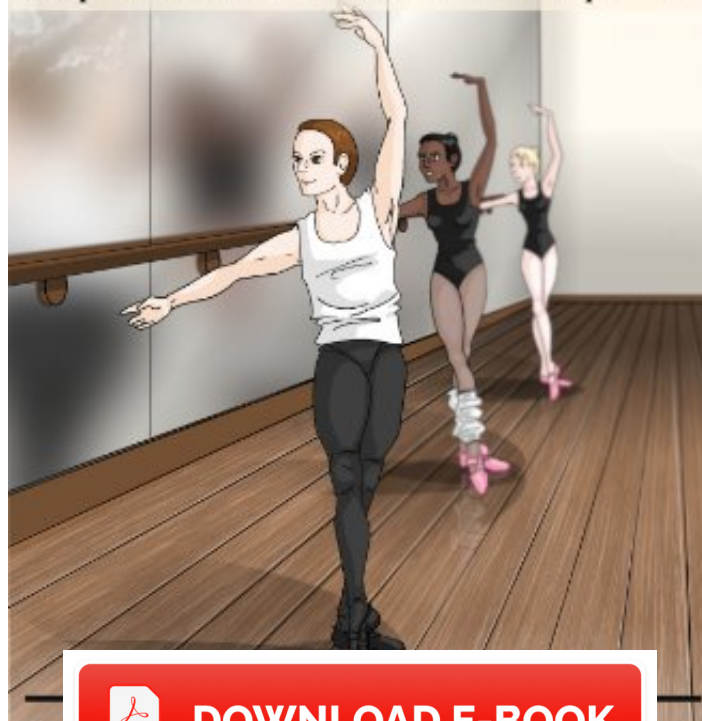
# The Summer Dance Intensive Handbook: How to Choose the Best Program for Your Child and Help Your Dancer Get the Most Out of the Experience

*by*

Nina Amir

## A Summer Dance Intensive —Handbook—

How to Choose the Best Program for Your Child and  
Help Your Dancer Get the Most Out of the Experience



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## Synopsis

Thousands of girls and boys attend summer dance intensives every year. Choosing the right one and preparing for it can prove a stressful experience for parents and dancers -- until the creation of this handbook. Prepared by the mother of a male dancer who has "been there and done that," including chaperoning her son in New York City during the prestigious American Ballet Theatre summer ballet intensive, this handbook offers practical advice for parents and dancers so they make the right choice, prepare appropriately, conduct themselves well, stay healthy, and learn as much as possible while enjoying themselves as well. You won't want to choose a summer intensive or send a dancer off for to a program without consulting this handbook first. The Handbook includes chapters on: How to Choose a Summer Dance Intensive Program How to Register for a Summer Dance Intensive What to Bring to a Summer Dance Intensive How to Prepare for a Summer Dance Intensive How to Stay Healthy and Strong During a Summer Dance Intensive How Dancers Should Conduct Themselves During a Summer Dance Intensive Bonus! One full chapter on "What to Consider When Attending the ABT Summer Dance Intensive in New York City." This updated edition includes the author's experiences and her son's experiences as he went on to attend not only regional dance intensives and the ABT ballet intensive but also the School of American Ballet and San Francisco Ballet summer intensive. It also includes a brief discussion of how these programs can lead to year-round residential programs.

## Sort review

From Publishers Weekly Photographer and author Eichenbaum trains her lens on 40 dancers in this collection of photographs, short essays and interviews. She covers a wide range of artists, from the worlds of Hollywood, Broadway, ballet and modern dance. While some, such as Rasta Thomas and Ethan Stiefel, are young, most are veterans—Rita Moreno, Cynthia Gregory, Liza Minnelli and Dudley Williams. Despite a certain level of fawning (to Mitzi Gaynor: Mitzi, you've still got it; to Russ Tamblyn: You look almost exactly as you did in West Side Story), the dancers mostly transcend this with thoughtful comments. The section on Mikhail Baryshnikov is peculiar, relating Eichenbaum's failed pursuit of an interview and the restrictions placed on her photographing the star. And there are some glaring omissions—no Balanchine ballerinas? So few young dancers? Still, there's a constant refrain that links the disparate artists together, summarized succinctly by Jean Butler, star of Riverdance: At the end of the day, I just want to dance. This is recommended for dance aficionados. 40 b&w illus. (June) Copyright © Reed Business Information, a division of Reed Elsevier Inc. All rights reserved. --This text refers to the hardcover edition. Review "Eichenbaum's disarmingly simple questions are clearly based on research about each actor's work, and the results are not standard-issue interviews."—Leonard Malton, *Movie Crazy* "Eichenbaum's disarmingly simple questions are clearly based on research

about each actor's work, and the results are not standard-issue interviews."—Leonard Malton, *Movie Crazy*"Getting into the psyche of an actor is not an easy task. Rose Eichenbaum succeeds admirably with an open mind and probing questions and the result...is a delightful book consisting of interviews with 35 talented personalities that will keep your interest from cover to cover."—Tim Boxer, *15 Minutes*"Rose Eichenbaum has once again captured the heart and soul of the dancer's life in *The Dancer Within*. Her brilliant action photography of dance performance alongside her probing portraiture and insightful text has penetrated this ephemeral art in a memorable way."—Donald McKayle"Working with Rose was spiritual; an intellectual, magically creative experience that woke up some old muscles, reminding me of why I loved dancing so much in the first place."—Russ Tamblyn --This text refers to the hardcover edition.

About the Author ROSE EICHENBAUM is an award-winning photographer and author of *Masters of Movement: Portraits of America's Great Choreographers* (2004). Her work has appeared in *Dance Magazine*, *Dance Spirit*, and the *Los Angeles Times*, and her photographs are featured in a Smithsonian Institution's traveling exhibit, *The Dancer Within*, opening in April 2008. She lives in Encino, California. ARON HIRT-MANHEIMER is the author and editor of numerous articles, magazines, and books. He lives in Ridgefield, Connecticut. --This text refers to the hardcover edition.

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## What people say about this book

M. Rollins, "Great Information for dancers and their parents. I have a son who does ballet. He isn't old enough to venture out from our home studio for a Summer Intensive yet, but I found some great information for the future in this book."

Mary Ewart, "A ballet parent "must have". Nina Amir offers great advise for novice and non-novice ballet parents alike. Highly recommend for parents who are confused about training and which direction that their ballet student should take. A great investment to download on your tablet, considering how much parents how to invest in training that suits their ballet student."

nssantino3123, "Awesome guide to summer intensive. Any questions I had about the Summer Intensive at ABT, was covered in depth in this very well written guide. Everything to expect, what to pack, what to consider, and above all it guides the dancer as well as the parent. I had this book in my hand at my Sons dance studio, and within minutes mothers were passing it around. In a matter of minutes all of the Moms electronic devices were ordering up a copy. I think this guide is 5 star, I would like to see th author write another book, we parents who are considering a career for our children in dance need people like this to give us the ins and outs. Thanks Nina for helping with my sons journey. ...."

Dan Solomon, "... very clear picture of what summer dance intensives are like and how to handle auditioning for them. The information in this book gave us a very clear picture of what summer dance intensives are like and how to handle auditioning for them. it was invaluable advice for us. We read it when we were new dance parents of a teenage boy. Clear and to the point. Nina knows what she is talking about and includes things a parent wants to know and needs to know."



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