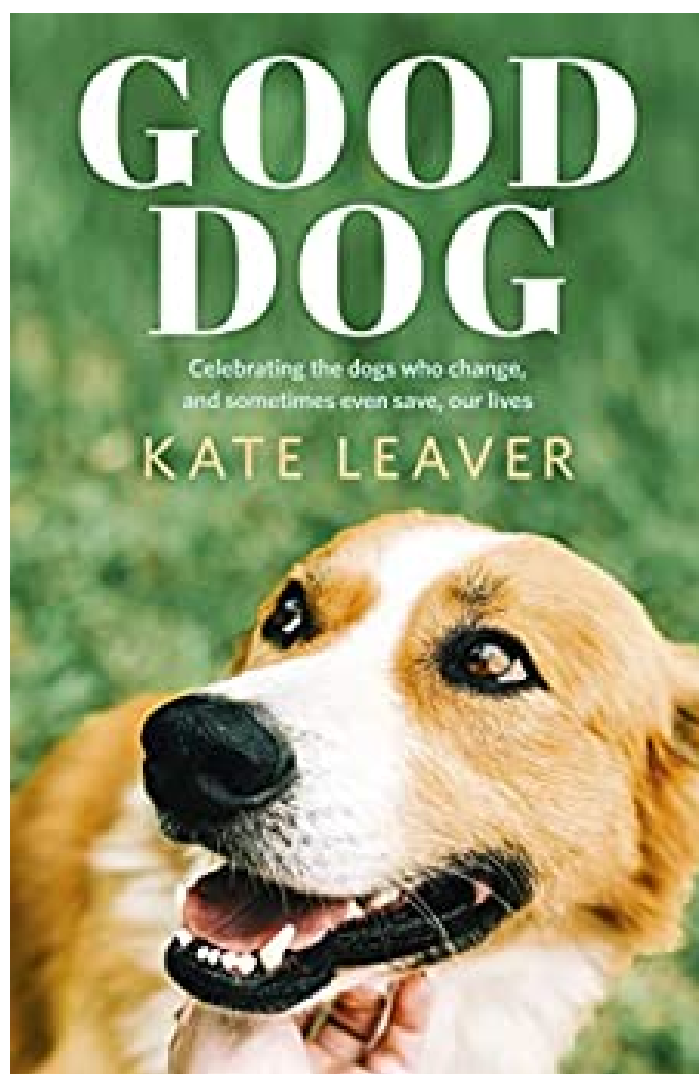


# Good Dog: Celebrating dogs who change, and sometimes even save, our lives

*by*  
Kate Leaver



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## Synopsis

Celebratory, joyous and moving, this is a book about the profoundly healing, curative qualities of dogs - and how we need dogs in our lives more than ever. The dog-human bond is the most extraordinary cross-species friendship on the planet. Dogs give people so much: affection, companionship and profound emotional support. Now, more than ever, we can see the clear health benefits of living with a dog by our side. Drawing on science, research and in-depth personal interviews, *Good Dog* demonstrates how vastly a dog can improve our mental and physical health as well as our quality of life. Kate Leaver begins by telling the story of how she met her beloved rescue shih tzu, Bertie, and how powerfully he helps her through periods of depression. Then she meets 10 other remarkable dogs who've changed human lives - from Missy the pug, who helps 11-year-old Cody live his best life despite his autism diagnosis, to Pip, who helps her teenage owner manage diabetes, and Jingles, who works with inmates in a prison. With each story, it becomes more and more obvious how profoundly dogs can support us, comfort us and even save our lives. Celebratory, joyous and moving, this is a book for anyone who has ever loved a dog - and known their love in return.























## **What people say about this book**

Mary Allen, "Good Dog. This book was inspiring, with an enjoyable storyline, especially for those of us who have lived with dogs. I loved that owners took the time and showed their love to others who need happiness. The studies are right!"

Ebook Tops Reader hewillnot, "great read. If you live or love dogs this is a great read"

Jean, "was a good book about dogs showed what they can do for people!. Was good showed what dogs can do for us and that we should take care of them."

Nancy Warren, "Animals are the BEST!!!!. Great and Wonderful Stories"

C. Yates, "A Good Dog. My head and heart were in this lovely book all the way!! A sweet read for adult or young person. A good dog story takes the edge off this quarantine mess and all the chaos of politics. I highly recommend this book!"

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